

Lamb Meatballs

Category: Lamb

Servings: 4

Rating: 10

Source:

Description:

Cut meatballs in half and serve in pita bread with tzatziki. Serve a Greek salad with this.

Meatballs may be made early in the day and gently reheated in the microwave.

Ingredients:

oil	1/3 - 1/2 cup (or less)
soy sauce	2 tsp.
pepper	1/4 tsp
salt	to taste
garlic	1 clove, minced
allspice, ground	1/8 tsp
egg	1
dry breadcrumbs	1/2 cup (or less)
ground lamb	1 lb.

Instructions:

Mix first 7 ingredients together well, and shape into meatballs the size of a walnut. Fry in oil till brown on all sides. Add soy sauce to pan and shake well and cook on lowest heat for 5 minutes.