

Saltsa Aspri

Category: Greek

Servings:

Rating: 8

Source:

Description:

Ingredients:

butter, unsalted	7 tablespoon
flour, all-purpose	6 tablespoon
cornstarch	2 tablespoon
milk	3 cup
nutmeg	1/4 teaspoon
parmesan cheese	1/2 cup grated
egg yolk	2
salt	
white pepper	

Instructions:

Heat the butter in a large saucepan. When melted, add the flour, stirring with a wire whisk. Add the cornstarch and stir to blend. Add the milk in a steady stream, stirring constantly with the whisk. When thickened and smooth, remove from the heat and cool. Add the nutmeg, salt and pepper, egg yolks, and cheese and stir well.