

Blueberry Grunt

Category: Dessert

Servings: 6

Rating: 10

Source: Atlantic Insight, Claudine Nowlan

Description:

A fabulous dessert with a hot, crisp biscuit topping over a luscious blueberry center. Never serve it without a generous helping of whipped cream!

Ingredients:

blueberries	3 cup
water	1/2 cup
sugar	1/3 cup
lemon juice	1 teaspoon
cinnamon	1/2 teaspoon
flour, all-purpose	1-1/2 cup
butter, unsalted	3 tablespoon
baking powder	1 tablespoon
salt	1/4 teaspoon
sugar	2 tablespoon
milk	3/4 cup
butter, unsalted	1 tablespoon melted
cream	1 cup

Instructions:

Mix the first 4 ingredients in an 8" pan and sprinkle with cinnamon. Use a fork to stir together the next 5 ingredients until the mixture is the consistency of corn-meal. Stir in the milk. Roll the dough on a floured board and spread over the berries. Sprinkle with sugar and spread with melted butter. Bake uncovered in a 400° oven for 25 minutes. Serve with whipped cream.