

BABY SPINACH SALAD WITH STRAWBERRIES & TOASTED ALMONDS

(double recipe for 8)

2 Tbsp balsamic vinegar

3 Tbsp extra virgin olive oil

1 tsp Dijon mustard

2 tsp honey

salt & freshly ground pepper to taste

1 (5oz) container of baby spinach, washed & dried

½ lb fresh strawberries, hulled and sliced

1/3 cub sliced or silvered almonds, light toasted

(to toast place almonds in single layer in a small baking pan – bake in 300 F oven for 10 minutes)

Combine the first 5 ingredients in a salad bowl – add the spinach, strawberries and almonds and toss to coat – divide the salad and serve