

Oct 7, 2014

Arugula, Pecorino, Pine Nut, and Pear Salad (Rucola con Pecorino, Pignoli e Pere)

Raisins add a subtle sweetness to this salad from the wine bar Enoteca l'Alchimista (http://www.montefalcowines.com/en/) in Montefalco, Italy. Reconstituting the raisins in warm water before using them plumps the fruit and tenderizes it for a beautiful contrast to the crunchy, fresh ingredients in the salad. This recipe first appeared in our November 2014 issue with the story Taste of Umbria (http://www.saveur.com/article/travels/taste-of-umbria) .

SERVES 4

INGREDIENTS

1 cup boiling water 3 tbsp. raisins 1 tbsp. fresh lemon juice 2 ripe pears, peeled, cored, and thinly sliced 5 oz. baby arugula Kosher salt and freshly ground black pepper, to taste 4 oz. Pecorino Romano 3 tbsp. pine nuts, toasted ¹/₄ cup balsamic vinegar ¹/₂ cup olive oil

INSTRUCTIONS

Combine water and raisins in a bowl; let sit 20 minutes and drain. Toss lemon juice with pears in a bowl. Arrange arugula on a serving platter; season with salt and pepper. Top with pears and shave pecorino over top; sprinkle with raisins and the pine nuts. Whisk balsamic, salt, and pepper in a bowl. While whisking, slowly drizzle in oil until emulsified; drizzle dressing over salad.



Credit: David Hagerman