

ARTICHOKE SALAD
(Serves 8)

1 can artichokes, drained & quartered	}
1 cup sliced fresh mushrooms	}
1 cup (or less) diced tomatoes	} Combine with dressing
1 cup baby corn	}
Lettuce - romaine or "gourmet mix"	}
Dressing:	
¼ cup safflower oil	}
2 ½ Tbsp lemon juice	}
1 tsp sugar	}
1 tsp salt	} Whisk together
½ tsp pepper	}
½ tsp Dijon mustard	}
Small clove garlic	}

The marinated veggies keep well for a few days so, if I'm serving fewer than 8 people, I mix only enough veggies and greens for serving. That way, we get to enjoy the salad another day and avoid soggy greens.