Spiced Fruit Salad

SERVES 4

Fresh fruit is the perfect way to cool down after a spicy meal. The star anise adds a subtle licorice flavour. You can experiment by adding other fruits such as bananas or Asian pears.

Dressing	Fruit
1/4 cup granulated sugar	1 mango, peeled
1/4 cup water	2 kiwis, peeled
2 star anise	1 papaya, peeled
1 cinnamon stick	2 oranges, peeled
2 tbsp lime juice	2 tbsp pomegranate seeds

COMBINE sugar, water, star anise and cinnamon in a small pot. Bring to a boil over medium-high heat and boil for 2 minutes. Let sit until cool. Strain and add lime juice.

SLICE mango, kiwis, papaya and oranges into a bowl. Scatter with pomegranate seeds.

POUR syrup over fruit and marinate for 1 hour before serving.